

Registration

**SPIRITUAL MINDFULNESS IN THE  
THERAPEUTIC ENCOUNTER:**

*A Two-Part Workshop for Healthcare Providers*

March 5, 2011 & March 12, 2011

Fee: \$100.00

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Please mail the completed registration form along  
with a check or money order made payable to:

CPIMH

c/o Quittie Glen Center for Mental Health  
417 Reigert's Lane, Annville, PA 17003

To pay by credit card:

Visa, Master Card, Discover or Debit cards are  
accepted by calling 717-867-8335.

**Cancellation & Refund Policy:** CPIMH reserves the  
right to cancel or postpone any program because of  
insufficient enrollment or other unforeseen  
circumstances. Registrants will be notified along with  
a full refund. If in the event a registrant must cancel, a  
full refund will be provided if notice is received no  
later than one week prior to the workshop.  
Substitutions are welcome please notify CPIMH by  
calling 717-867-8335.

For more information about CPIMH please visit our  
website at [www.cpimh.com](http://www.cpimh.com).

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INSTITUTE for MENTAL HEALTH**  
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**SPIRITUAL  
MINDFULNESS IN  
THE THERAPEUTIC  
ENCOUNTER:**

*A TWO-PART WORKSHOP  
FOR  
HEALTHCARE PROVIDERS*

PRESENTED BY:



**CENTRAL  
PENNSYLVANIA  
INSTITUTE for MENTAL HEALTH**

*March 5, 2011 & March 12, 2011  
Quittie Glen Center for Mental Health  
417 Reigert's Lane  
Annville, Pennsylvania 17003  
Tel: 717-867-8335  
Fax: 717-867-0340  
Web: [www.cpimh.com](http://www.cpimh.com)*

**Purpose:**

It is the purpose of this two-part workshop to explore the place of spirituality in the therapeutic encounter. Few of us have had any formal instruction or training in how to integrate spirituality and clinical medicine. The result is that many of our patients' needs go unmet. Using the work of Irvin Yalom and C.G. Jung, we seek to lay a theoretical foundation for the spiritual dimensions of human personality, share our clinical experiences, and explore ways to improve our skills in this domain.

**Objectives:**

- To become familiar with the manner in which two prominent thinkers in the field of spirituality and mental health, Yalom and Jung, conceptualized human spirituality.
- To develop an awareness of the many manifestations of spiritual issues within the therapeutic encounter.
- To gain some basic guidelines and caveats regarding how to address spiritual matters in the therapeutic encounter.

*The enrollment for this workshop will be limited to 12 participants in order to allow for sufficient individual participation.*

*In preparation for Session #2, participants will be encouraged to journal regarding spiritual issues as they arise in their therapeutic encounters with their patients.*

**AGENDA**

**Session #1: March 5, 2011**

- 8:00 AM Final registration and continental breakfast
- 8:30 AM Introduction: Dr. Simms
  - Overview
  - Disclaimers
  - Where we're coming from!
- 9:30 AM Irvin Yalom's Ideas about Spirituality in Therapy  
Dr. Biever
- 10:00 AM C.G. Jung's Ideas about Spirituality in Therapy  
Dr. Simms
- 10:30 AM My Personal Spiritual Journey  
Dr. Biever
- 10:45 AM My Personal Spiritual Journey  
Dr. Simms
- 11:00 AM Participants share their spiritual journeys

**AGENDA**

**Session #2: March 12, 2011**

- 8:00 AM Continental Breakfast
- 8:30 AM Two Case Presentations  
Dr. Simms
- 9:00 AM Two Case Presentations  
Dr. Biever
- 9:30 AM Break
- 9:45 AM Participant sharing of their experiences in recognizing and addressing spiritual issues in their therapeutic encounters
- 11:45 AM Conclusion and Evaluation



**MISSION STATEMENT**

The mission of the Central Pennsylvania Institute for Mental Health is to support mental health services and thereby reduce the impact of mental illness throughout the Central Pennsylvania area. The Institute endeavors to accomplish this through education programs for the public and education, training and consultation programs for professionals.

**Presenters**

**John A. Biever, MD, D.F.A.P.A.** is board certified in adult and child/adolescent psychiatry. He has a private practice in Annville, PA. He is a child psychiatry consultant at the Pennsylvania Office of Mental Health and Substance Abuse Services. He has a special interest in integrating the biological, psychological, social, developmental and spiritual dimensions in clinical practice by way of multidisciplinary treatment approaches.

**George R. Simms, MD** is Professor Emeritus of Family and Community Medicine at Penn State University College of Medicine and was a family physician for thirty-nine years and Medical Director of Pinnacle Health Hospice for ten years. In addition to his doctorate in medicine from the University of Zurich, Switzerland, he earned a Ph.D. in Human Behavior from the United States International University where he studied under Viktor Frankl, a Master's degree in Theological Studies from Harvard Divinity School, and a fellowship in Medical Ethics from Harvard University. He has a special interest in the moral dimensions of medical decision making and the integration of the biological, psychological and spiritual aspects of aging.